



Hong Kong College of Orthopaedic Surgeons

9th Rehabilitation Symposium

cum

2nd Sir Harry Fang Oration

FRAGILITY FRACTURES

MULTI-DISCIPLINARY APPROACH IN
REHABILITATION

KEYNOTE SPEAKER: PROF. DAVID MARSH

The 2nd Sir Harry Fang Oration

“The healing of bone in elderly osteoporotic patients”

11:30am 2 (Sat) March, 2013 by

Prof. David Marsh

President, Fragility Fracture Network

Emeritus Professor of Clinical Orthopaedics, University College London

Date: 2(Sat) -3 (Sun) March, 2013

Venue: Lim Por Yen Lecture Theatre,

Hong Kong Academy of Medicine

99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Registration Fee: Early Bird Registration HK\$600

(Late and Walk-in Registration HK\$750)

Early Bird Registration Deadline: 8 February, 2013

HKCOS CME/CPD points: 8 Cat A/Cat R

HKCOS Training points: 8 TP/ 8 Rehab TP

Enquiry & Registration:

Secretariat, Hong Kong College of Orthopaedic Surgeons

Room 905, 9/F, HKAM Jockey Club Building

99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Tel: (852) 2871 8722 Fax: (852) 2873 4077

Website: <http://www.hkcos.org.hk>

The Hong Kong College of Orthopaedic Surgeons



9th Rehabilitation Symposium cum 2nd Sir Harry Fang Oration

2 Mar (Sat), 2013 AM

Time	Program	Speaker
9:00am - 11:10am	Osteoporosis and Fragility Fractures	
9:00am-9:30am	Epidemiology of fragility fractures and magnitude of the problem in Hong Kong	Dr. TW Lau QMH
9:30am-10:00am	The problems of fragility fractures in the UK	Prof. David Marsh
10:00am-10:30am	Changes in the musculoskeletal system in aging	Dr. David Dai PWH
10:30am-11:00am	Diagnosis of osteoporosis	Prof. Qin Ling CUHK
11:00am-11:10am	Discussion	
11:10am - 11:30am	Tea Break	
11:30am – 12:40pm	Opening Ceremony and the 2nd Sir Harry Fang Oration	
11:30am-11:35am	Opening address	Dr. CY Lam
11:35am-11:40am	Presentation of souvenir to invited speakers	Dr. CY Lam
11:40am-11:50am	Introduction of speaker for the 2 nd Sir Harry Fang Oration	Dr. WM Ko
11:50am-11:55am	Presentation of souvenir to Prof. Marsh	Dr. David Fang
11:55am-12:40pm	The 2nd Sir Harry Fang Oration The healing of bone in elderly osteoporotic patients	Prof. David Marsh

2 Mar (Sat), 2013 PM

Time	Program	Speaker
12:40pm – 1:25pm	Lunch Symposium (sponsored by Pfizer) Electrodiagnosis and Neuropathic pain management	Dr. Alex Chow
2:00pm – 3:30pm	Management of Fragility Fractures (I)	
2:00pm-2:20pm	Vertebral fractures – vertebroplasty, kyphoplasty and osteotomy	Dr. KK Li QEH
2:20pm-2:40pm	Surgical management of hip fractures	Prof. David Marsh
2:40pm-3:00pm	Surgical management of distal radius fractures	Dr. YY Chow TMH
3:00pm-3:20pm	The role of traditional Chinese medicine in osteoporosis/ fragility fractures rehabilitation	Prof. PC Leung Institute of Chinese Medicine, CUHK
3:20pm – 3:30pm	Discussion	
3:30pm-3:50pm	Tea Break	
3:50pm – 6:00pm	Multi-disciplinary Forum for Fragilities Fractures	
3:50pm-4:10pm	The Fragility Fractures Network	Prof. David Marsh
4:10pm-4:30pm	Fragility fracture database in Hong Kong	Prof. KS Leung CUHK
4:30pm-4:50pm	Community rehabilitation in fragility fracture management with sharing of clients' experience	Ms. Kam Lee Lam The Evangelical Church of Hong Kong
4:50pm-5:10pm	Safe community and fragility fracture prevention	Dr. SW Law, TPH
5:10pm – 6:00pm	Forum – The future direction of secondary prevention of fragility fractures in Hong Kong	Prof. David Marsh, Prof. KS Leung

3 Mar (Sun), 2013 AM

Time	Program	Speaker
9:00am – 10:30am	Management of Fragility Fractures (II) Case discussion	
9:00am-9:15am	Comments on surgical treatment	Prof. David Marsh
9:15am-9:35am	Physiotherapy for fragility fractures patients	Mr. Thomas Heung PT I, TMH
9:35am-9:55am	Occupational therapy for prevention of falls and further fractures	Ms. Cindy Chiu OT I, TMH
9:55am-10:15am	Orthotic treatment for osteoporotic fractures	Ms. Margaret Ho P&O I, TMH
10:15am-10:30am	Social worker's role in fragility fractures prevention	Mr. Lau Chung The Evangelical Church of Hong Kong
10:30am-10:40am	Discussion	
10:40am – 11:00am	Tea Break	
11:00am – 12:50pm	Management of Fragility Fractures(III)	
11:00am-11:20am	The role of Tai Chi exercise in osteoporosis	Dr. William Tsang Poly U
11:20am-11:40am	The role of vibration therapy in fragility fractures	Prof. KS Leung
11:40am-12:10pm	Medications for osteoporosis and current recommendations	Dr. TP Ip TWEH
12:10pm-12:40pm	The role of vitamin D and calcium supplements in fragility fracture prevention	Dr. Andrew Ho TMH
12:40pm-12:50pm	Discussion	
End of Program		



FRAGILITY FRACTURES
MULTI-DISCIPLINARY APPROACH IN REHABILITATION

Date : 2 and 3 March 2013
Venue : Lim Por Yen Lecture Theatre, G/F, Hong Kong Academy of Medicine,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

For official use only

Registration No.:

Date Received:

REGISTRATION FORM

(Please put a "✓" in appropriate box and fill it in block capitals)

Title: Prof. Dr. Mr. Ms.

Surname: _____ Given Name: _____

Chinese Name: _____ Position: _____

Institution: _____ Department: _____

Specialty: Orthopaedics Physiotherapist Occupational Therapist
 Nurse Others: _____

Mailing Address: _____

Telephone: _____ Facsimile: _____

E-mail: _____

REGISTRATION Registration fee: HK\$600.-

Registration fee: HK\$600 (Early Bird registration on or before 8 February 2013)

: HK\$750 (Late & Walk-in registration after 8 February 2013)

(Registration will be made on a first-come-first-served basis. Written requests must be sent to the below Symposium Secretariat address on or before 8 February 2013 for cancellation and registration fee refund. An administrative fee of HK\$100 per registration will be charged. **NO REFUND REQUEST WILL BE ENTERTAINED AFTER 8 FEBRUARY 2013.** Only written requests will be accepted. All approved refunds would be issued 30 days after the event.)

PAYMENT

A cheque or bank draft No. _____ in HK\$600.- made payable to
" THE HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS " is enclosed.

I hereby agree with the terms & conditions above.

Signature: _____ Date: _____

Please return the completed form with payment to:
-For HA staff, please send completed registration forms and cheques to Dr. CY Lam Consultant (Rehab), Dept of O&T, Tuen Mun Hospital.
-Other non-HA staff, please send to:
Secretariat, Hong Kong College of Orthopaedic Surgeons
Room 905, 9/F, HKAM Jockey Club Building
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
Tel: (852) 2871 8722 Fax: (852) 2873 4077 Website: <http://www.hkcos.org.hk>